

## UC Core Competency Model Self-Assessment

In the space to the right of each item, write the number that best represents how often you demonstrate that behavior:

5 = Almost always or always

4 = Very often

3 = Often

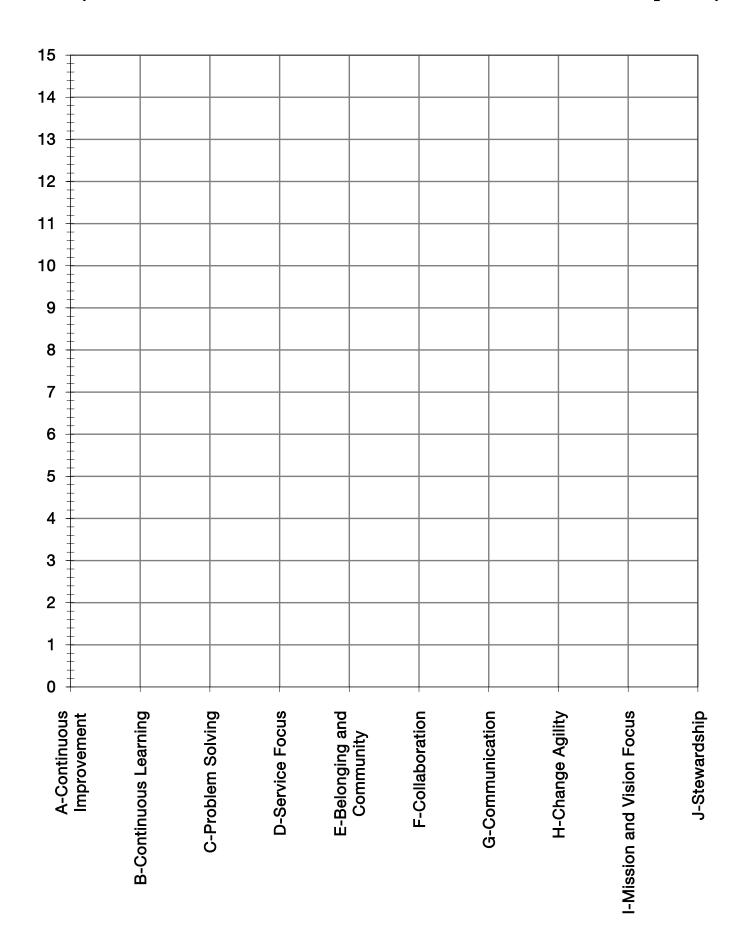
2 = Sometimes

1 = Rarely or never

**TOTAL** 

1.	Adopt ideas, technology, and practices that increase efficiency, eliminate waste, and improve performance	11.	Reflect and take initiative to make improvements to current work	21.	Use data, feedback, and input from others to improve the quality of products and services	А
2.	Take responsibility for my own development; maintain fluency in appropriate work applications, software, or tools	12.	Keep up-to-date on current research, trends, and technology in my field; identify and pursue areas for development and training that will enhance job performance	22.	Seek coaching and feedback to increase self- awareness and personal growth	В
3.	Seek to understand the gap between current conditions in my work and the desired future state	13.	Work effectively with others to solve problems and make decisions; seek input from partners	23.	Identify issues and address them in a timely, data driven and transparent manner to achieve sustainable and optimal results	С
4.	Seek and use feedback from a variety of sources to improve service quality	14.	Meet and exceed expectations; ensure that stakeholder needs are fulfilled; honor commitments and keep promises	24.	Adapt service delivery to meet the needs of diverse client base	D
5.	Engage others in a way that makes them feel valued and accepted	15.	Value diverse people, experiences and ideas; cultivate and maintain an environment of inclusion that empowers all team members to contribute ideas and achieve goals	25.	Demonstrate self-awareness and commitment to antiracist behavior, understand my impact on others; treat all people with dignity, respect, and equity	E
6.	Cooperate with others; share information and knowledge to identify and implement solutions in which all parties can benefit	16.	Help and support fellow employees in their work to contribute to overall success	26.	Place the needs of the team above self-interest; build and maintain effective working relationships	F
7.	Consistently share accurate, timely information; taking into account audience and communication method	17.	State opinions honestly and in a straight-forward manner; maintain open dialogue with others; actively listen	27.	Written and verbal communications are consistently clear, concise and appropriate to the audience	G
8.	Adapt approaches as needed to address changing priorities; am flexible, open, and receptive to new approaches; show willingness to step outside of my comfort zone	18.	Seek to understand context while navigating through organizational change	28.	Show awareness of my and others' responses to change and respond in a way that is productive for the organization and its team members	Н
9.	Use the organization's mission and vision as guideposts for decision-making	19.	Connect my individual role and align my performance goals in fulfillment of the UC mission and vision	29.	Inspire others to achieve the mission and vision of the organization and the University	I
10.	Act in a manner consistent with the UC Standards of Ethical Conduct and other UC policies	20.	Utilize available resources (people, processes and tools) to achieve organizational goals; model accountability	30.	Understand and adhere to safety guidelines; report and correct potential threats; model safe behaviors	J

Plot your total score from each row on the assessment to each competency on the grid below.



Learning & Organization Development at UCSF	
Professional Development Guide	
UC Core Competencies Self-Assessment	
Name	
Creating a workplace that works for us all.	UCCE
LEARN MORE. Visit us on the web: learning.ucsf.edu	3